



Mindful Kids

Mindfulness for Kids, Teens & Adults

mindfulkidsnj.com

Registration Form

Student Name: _____ Student Grade in Fall, 2016: _____

Parent Name: _____ Any Food Allergies? _____

Address: _____
Street Town Zip

Phone #: _____ Emergency Contact #: _____

Primary Email Contact: _____

Parental Concerns? _____

Where Did You Hear about Our Classes? _____

Kids & Teen Classes/Camp: Please check the appropriate class. (Classify Student by September Grade)

1. **Beginning Mindfulness July classes:** Tuesdays & Thursdays, July 5, 7, 12, 14, 19, 21 26 & 28

Price: \$175/student for 8 sessions*

Beginning Mindfulness for Grade K - 2 Students (Tuesdays & Thursdays, 1 - 2 pm)

Beginning Mindfulness for Grade 3 - 6 Students (Tuesdays & Thursdays, 2:15 - 3:15 pm)

2. **Beginning Mindfulness Teen Class:** Wednesdays, June 29, July 6, 13, 20, 27 & Aug 3

Price: \$130/student for 6 sessions*

Beginning Mindfulness for Grade 7 - 12 Students (Wednesdays, 5 - 6 pm)

3. **Mindfulness & Yoga Camp:** Tuesday - Thursday, August 9, 10 & 11

Price: \$150/student*

Mindfulness & Yoga 3-Day Camp for Grade 1 - 5 Students (2:30 - 4:30 pm)

*Beginning classes include: Mind Jar, Mindfulness Workbook & Weekly Handout

4. **Practice Club for Experienced Mindfulness Kids:** Tuesdays & Thursdays, July 5, 7, 12, 14, 19, 21 26 & 28

Price: \$120/student for 8 meetings

Practice Club for Grade 2 - 5 Students (Tuesdays & Thursdays, 4:15 - 5:15 pm)

5. **Practice Club for Experienced Mindfulness Teens:** Wednesdays, June 29, July 6, 13, 20, 27 & Aug 3

Price: \$90/student for 6 meetings

Practice Club for Grade 7 - 12 Teens (Wednesdays, 7 - 8 pm)

Mindful Parenting Four-Week Course: Monday Nights (June 27, July 11, 18 & 25)

Price: \$100 Mindful Parenting (Monday Nights, 7 - 8:30 pm)

Class Sizes: 3 person maximum to run class/12 person maximum for classes (36 maximum size for camp)

Location: All programs are held at the Madison Community House, 25 Cook Avenue, Madison, NJ

Make all checks payable to "Mindful Kids, LLC"